



International Workshop on Collaborative Strategies in Multimorbidity

Feb 4th to Feb 5th 2011, Institute of General Practice, Goethe-University, Frankfurt/Main

AGENDA

Friday, Feb 4th 2011, 12 a.m. – 6 p.m. (CET)

12:00 a.m. – 12:30 a.m. Welcome Lunch

12:30 a.m. – 1 p.m.: Welcomes and key note 1 (Chairs: *Rafael Perera, Michael Freitag*)

- Welcomes (*Prof. Ferdinand Gerlach, Christiane Muth, Frankfurt*)
- “Coordination and Integration – Health Care in an Ageing Society” – a few insights from the report of the German Advisory Council on the Assessment of Developments in the Health Care System (*Prof. Ferdinand Gerlach, Frankfurt*)

1:00 – 2:30 p.m.: Scene-setting (Chairs: *Justine Rochon, Liam Glynn*)

- A research agenda on the implications of patient complexity on the delivery of health care and potential solutions. (*Jose M Valderas, University of Oxford, UK*)
- Multimorbidity – polypharmacy: an issue of prioritization (*Martin Beyer, Frankfurt*)
- Fidelity and Implementation of a Complex Intervention (CI): are RCTs useful for evaluating a CI? (*Rafael Perera, Biometry and Statistics, Centre for Evidence Based Medicine, Oxford, UK*)
- Quality of life in old age from an environmental perspective (*Prof. Frank Oswald, Gerontology, Frankfurt*)

2:30 – 3:00 p.m. Coffee Break

3:00 – 5:00 p.m.: Polypharmacy Trials – Opportunities for Collaborative Publications (Chairs: *Sebastian Harder, Ferdinand Gerlach*)

- Polypharmacy Intervention Limburg (PIL) – intervention concept, design and challenges in the conduction of a trial in stepped wedge design (*Marjan van den Akker, Maastricht*)
- PRioritization and optimization of MULTimedication in Multimorbidity (PRIMUM):
 - Intervention concept and stepwise evaluation (*Christiane Muth, Frankfurt*)
 - Lessons learnt from the pilot study: GP perspective (*Anne Namyst, Frankfurt*), perspective of the healthcare assistants (*Anja Päsel, Frankfurt*)
 - Challenges in the conduction of the main study: practice recruitment (*Mareike Leifermann, Frankfurt*)
 - [The Medication Appropriateness Index – the primary outcome in PRIMUM] (*Prof. Sebastian Harder, Clinical Pharmacology, Frankfurt*)
 - [Process evaluation of the complex intervention in PRIMUM – next steps in the evaluation concept] (*Justine Rochon, Biometry and Statistics, Heidelberg*)

5:00 – 5:15 p.m. Coffee Break

5:15 – 6:00 p.m.: Exploration of the possibilities of an international interdisciplinary research group on multimorbidity (Group Discussion I, Moderation: *Marjan van den Akker, Maastricht*)

Dinner 7:30 p.m. (CET)

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Saturday, Feb 5th 2011, 10 a.m. – 4 p.m. (CET)

10:00 – 10:30 a.m.: Welcomes and Introduction

- Welcome and introduction to the agenda of the second day (*Christiane Muth, Frankfurt*)
- Key results of the 1st day discussion (*Martin Beyer, Frankfurt*)

10:30 – 11:30 a.m.: Key note 2 (Chairs: Jochen Gensichen, Jose M. Valderas)

- Research priorities in multimorbidity – the perspective of Northern America (*Martin Fortin, Sherbrooke University, Québec, Canada*)
- Discussion

11:30 – 11:45 a.m. Coffee Break

11:45 – 12:30 a.m. Ongoing research activities on multimorbidity I (Chairs: Martin Fortin, Martin Beyer)

- Development of a medication-based Chronic Disease Score (Med-CDS) (*Michael Freitag, Jena*)
- Cardiovascular multimorbidity in primary care: prevalence, management and intervention (*Liam Glynn, Galway, Ireland*)

12:30 a.m. – 1:30 p.m. Lunch and Walk Around

1:30 – 2:00 p.m.: Ongoing research activities on multimorbidity II (Chairs: Martin Fortin, Martin Beyer)

- Development of methods to systematically address co- and multimorbidity in evidence based guidelines (*Christiane Muth, Frankfurt*)

2:00 – 3:30 p.m.: Possibilities of the international interdisciplinary research group on multimorbidity: Actual chances for collaborative publications and projects (Group Discussion II, Moderation: Marjan van den Akker, Maastricht)

3:30 – 3:45 p.m. Coffee Break

3:45 – 4:00 p.m.: Take home messages (Marjan van den Akker and Martin Beyer) and Farewell (Christiane Muth, Frankfurt)